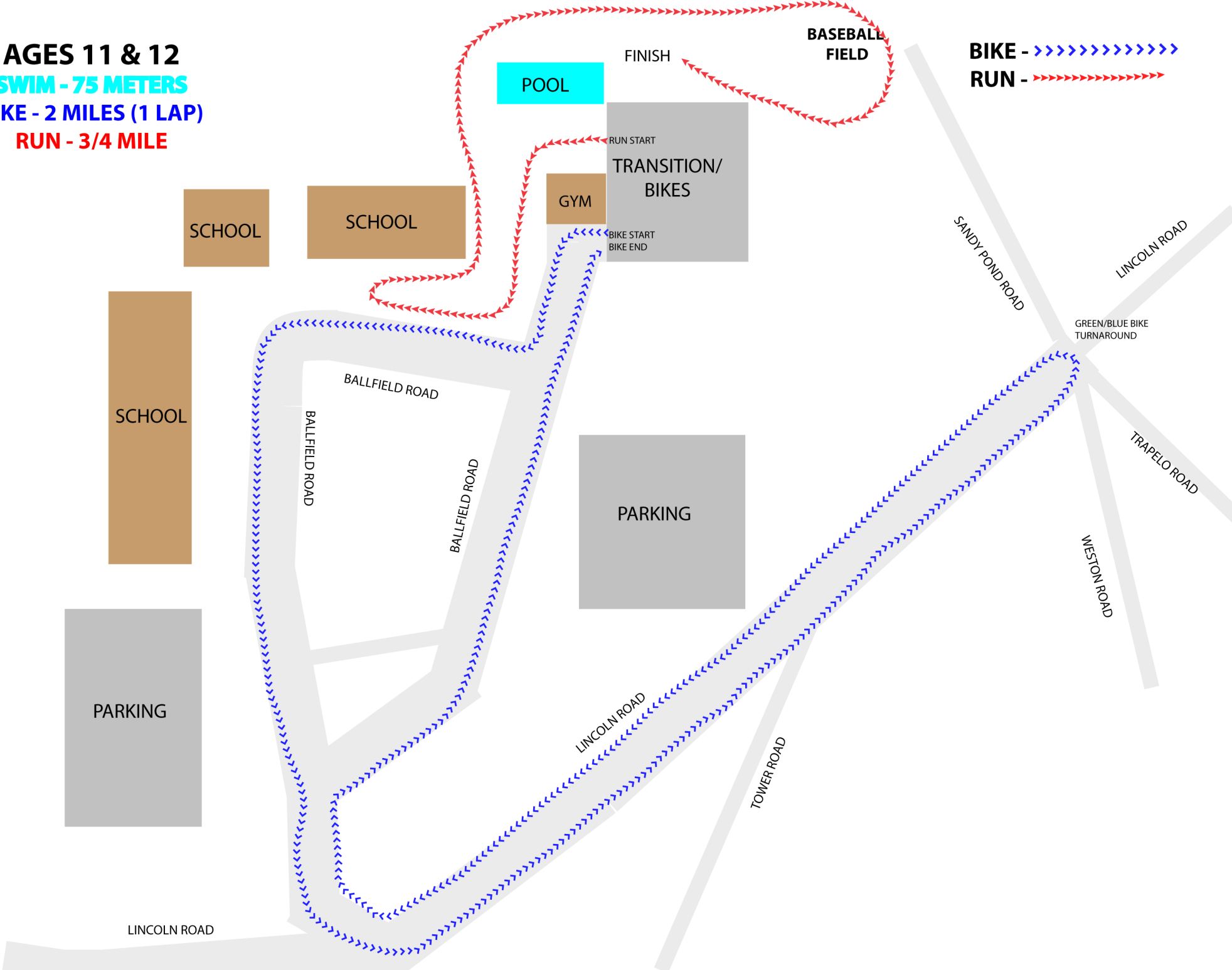


**AGES 11 & 12**

**SWIM - 75 METERS**

**BIKE - 2 MILES (1 LAP)**

**RUN - 3/4 MILE**



POOL

FINISH

BASEBALL FIELD

**BIKE - >>>>>>>>>>>>>>>>**

**RUN - >>>>>>>>>>>>>>>>**

RUN START

TRANSITION/  
BIKES

GYM

BIKE START  
BIKE END

SCHOOL

SCHOOL

SCHOOL

SANDY POND ROAD

LINCOLN ROAD

GREEN/BLUE BIKE  
TURNAROUND

BALLFIELD ROAD

BALLFIELD ROAD

BALLFIELD ROAD

PARKING

PARKING

LINCOLN ROAD

TOWER ROAD

TRAPELO ROAD

WESTON ROAD

LINCOLN ROAD